

Get in touch!

Email: hello@thrivingplay.com

Phone: 865-254-7872

Website: www.thrivingplay.com

Schedule an appointment:

tinyurl.com/tpfca



Thriving Play

ARE YOUR FAMILIES STRESSED OR ANXIOUS?

There's a new pediatric resource available!

Thriving Play is a health education and advocacy practice in San Antonio. By providing developmentally appropriate teaching and support, families experience better coping and medical compliance. Founded by Certified Child Life Specialist, Sarah Davis, pediatric patients and their families are learning to take charge of their health and wellness.



ABOUT US

Thriving Play is a private practice in San Antonio, TX. We use therapeutic play techniques to support families during dramatic or unfamiliar experiences. Additionally, we provide training and consulting to community partners that assist in increasing patient satisfaction scores.

SERVICES

Patient sessions*

- Creating coping plans
- Medical treatment plan adherence
- Pre-surgery education and support
- Developmentally appropriate diagnosis education

Medical staff training

- Non-pharmacological pain techniques
- Coaching on developmental coping support for patients
- Comfort positioning during invasive blood draws and injection
- Creating or reviewing material designed to educate families

*Currently provided via HIPPA-compliant telehealth

SPECIALIZATIONS

- Coping plans
- Diagnoses and procedure education
- Developing family-centered care models for healthcare practitioners

WHAT IS A CHILD LIFE SPECIALIST?

A Certified Child Life Specialist (CCLS) is trained in child development, family systems, as well as stress and coping. A CCLS most often assists families navigate and normalize medical challenges. They are also found in other community settings; supporting kids, teens, and families who are dealing with stressful, traumatic, or atypical situations. To learn more about child life, visit www.childlife.org



Thriving Play

A Child Life approach to strength and resilience

